THE CHINOOK ADVANCE

Vol. 22 Chinook, Alberta. Thursday, January 27th 1944

NATIONAL WAR FINANCE COMMITTEE
PROVINCE OF ALBERTA

The Food Industry of Canada is putting on a Drive during the month of February for the sale of War Savings Stamps. They are organizing each retail food store in your district to aid in this effort. This is being done through the wholesale houses in the leading centres of Alberta. The travellers from these firms will be calling on the retail grocers of this community asking them to pledge their support to this drive.

The Province of Alberta has been asked to raise in this Food Drive $90,000.00, which is 50 per cent more than the total sales in a similar drive which was held a year ago this coming February. This means that a more intensive effort will be required of each retailer co-operating in this drive.

It is very necessary that Stamp sales be stimulated in Alberta as we have been advised by Ottawa that the sales for Alberta are the second lowest in the Dominion of Canada. When we think of the fine showing that Alberta makes in each bond drive and the very fine reputation they have in seeing through any undertaking to a successful conclusion we feel that something has to be done along the lines of promoting War Savings Stamps.

This time it must be "hands across the sea" which grasp nothing except each other.

Freedom has not failed except where we have.

Seems as if people who do wrong usually find the right way to do it, while those who want to do wright too often go at it the wrong way.

It's not enough to have an answer to the problems of today. We've got to BE the answer.

Men who rise to the occasion are those who take occasion to rise early.

Some of us are afraid to search our souls, for fear that we will find a heel.

Emphasis Placed On Honesty

The teaching of honesty to boys and girls while still at an impressionable age is one of the classics conducted on character building inaugurated in a Pittsburgh high school, in 1927.

Acting on the the belief that crime could be reduced by preventive education, and that this education should be undertaken in the schools while the child is still in its formative stage, Pittsburgh has blazed a trail that might well be followed by every city in the continent.

The method used for this training in honesty and character building is not direct. Students and teachers discuss all sorts of common infractions such as changing report cards, misrepresenting ages, deceiving parents, forging excuses, and even "chiseling" on relief. The child is allowed to make his own deductions as to what is right and what is wrong unber the manipulation and guidance of the teacher. In this way, it is believed that the child does not feel as if the teaching of right and wrong is being forced on him, but rather that he is permitted to discuss the problem from every angle and draw his own conclusions.

Farewell Party Held For Miss F. Barros

A very pleasant gathering of the ladies of the town met Monday evening, at the home of Mrs. Bayley, in honor of Miss Florence Barros, who has been assistant in the Acadia Produce Store, and is leaving Chinook, the party being sponsored by Mrs. J. C. Bayley and Mrs. M. C. Nicholson.

The evening was spent in playing games, and with having a get-together chat.

At the close lunch was by the hostesses.

The Ladies Card Club met on Thursday evening, at the home of Mrs L. Cooley. Mrs Lawrence was the prize winner. The party took the form of a farewell party for Miss Florence Barros.

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BANKS SELL THEM

Buy WAR SAVINGS STAMPS

FROM

BANKS • POST OFFICES
DEPARTMENT STORES • DRUGGISTS
GROCERS • TOBACCONISTS
BOOK STORES and other RETAIL STORES

SEEDTIME and HARVEST

By Dr. K. W. Neatby
Director, Agricultural Department
North-West Line Elevators Association

Manitoba Farmers Set Example

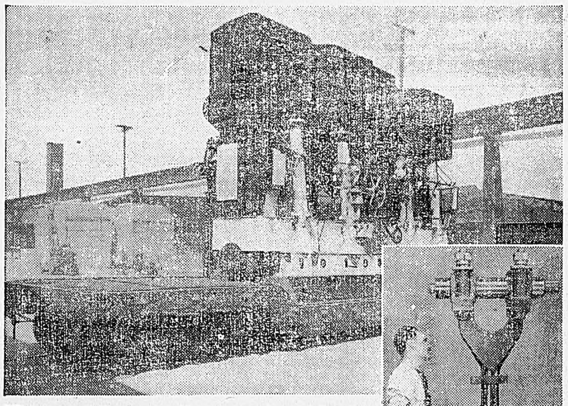
It is difficult indeed to find topics for these articles of equal interest to all our readers from the Red River to the Peace River. Obviously, we cannot deal with matters of purely local importance. While this is really a salute to Manitoba farmers, it merits the attention of all.

Ever since this Department was organized, we have stressed, above all, two problems—*Weeds* and *Soil Conservation*. If you, in your district, were to organize a meeting to discuss prices, debt legislation, or farm labour, you would be sure of support. But suppose you were to arrange a meeting for the sole purpose of studying weed problems; how many farmers would come? Well, on November 30, the Minister of Agriculture for Manitoba called such a meeting. For nearly four hours, 136 farmers sat on hard seats completely absorbed with the problem of controlling leafy spurge. For three years, the Department of Agriculture has co-operated with municipal officials and other farmers in a program to conquer this weed. Fifty municipalities were represented at the meeting. Results of control methods by chemicals, by tillage and by sheep were discussed, and means for making the work more effective were studied.

Government agriculturists have learned that they must get better acquainted with the farmer himself. Farmers have discovered that the professionally trained agriculturist has something to offer. Leafy spurge is in for a tough time in Manitoba. The same spirit will defeat weeds and preserve soils anywhere, and these two goals can be reached no other way.

On behalf of the Line Elevator Sponsors, as well as on our own, we wish our readers a Merry Christmas and a New Year that will bring peace.

Navy Marine Engines Made and Carried by C.P.R.



Helping to meet the urgent need of the Royal Canadian Navy for main marine engines and condensers to be used in escort vessels the Canadian Pacific Railway's Angus Shops in Montreal now has a steadily increasing flow of these "tools of war" coming from that section of the big shops which earlier completed the manufacture on schedule of more than 1,400 Valentine tanks, mainly for service in Russia.

The marine engine, pictured above on a C.P.R. depressed-centre flat car, prior to being prepared for shipment, weighs 89 tons, with condensers and bedplates included. Its size is demonstrated in the picture on the right of the workman, who is dwarfed by one of the huge connecting rods. Handling of the engines to their destination comes under the head of "high and wide" transportation, with special advice from the Canadian Pacific's engineering department being followed to squeeze the loads past bridges and other permanent installations.

As was the case with the Valentine tanks the marine engines are being made at the same time as Angus Shops handles the greatly increased repairs on locomotives and cars necessitated by wartime's heavier transportation load. All the jobs are being done without new buildings or extensive additions to the existing plant, a further demonstration of the versatility of the department headed by H. B. Bowen, chief of motive power and rolling stock.

To reach marine engine production as early as possible machining of parts and fabrication of sub-assemblies was started while the tank work still was proceeding at the big Canadian Pacific shops. As machine capacity and floor area were released from the tank contract they were utilized for the marine engine work. The first 10-ton engine bedplate was laid down a little over two weeks after completion of the last tank hull on the Valentine contract to earn the compliment in an official report that "the very best efforts were put forth by all persons responsible for this work".

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Alberta Poultry Producers.

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A complete line of
Veterinary Supplies
FLOUR & SHORTS
at discount for 500 lbs and up

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IMPORTANT

ORDER REPAIRS

Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappointed.

DON'T DELAY
Ask Your Dealer For
I. H. C. & John Deere

COOLEY BROS.

Chinook, Alta. Phone 10

Sufferers of Painful SINUS—Get Quick Relief!

Just a Few Drops Relieve Stuffiness.. Make Breathing Easier.. Give You Comfort

It's grand how Vicks Va-tro-nol clears congestion from nasal passages—gives sinuses a chance to drain. Results are so good because Va-tro-nol is specialized medication that works right where trouble is—to relieve painful congestion and make breathing easier. Try it—put a few drops up each nostril—follow directions in folder.

VICKS VA-TRO-NOL

Post-War Relief For Europe

FOREMOST AMONG THE MANY problems which must be dealt with by the United Nations at the close of the war, will be that of providing the oppressed people of Europe with the necessities of life. This will be a vast undertaking, and it will have to be commenced at the earliest possible moment after hostilities cease. The urgency of the problem is fully realized and already plans have been made for the alleviation of the suffering of the many thousands of people who are now under Nazi domination. A United Nations Relief and Rehabilitation Administration has been set up, and at a conference held in Atlantic City not long ago, the probable needs of these people, and the means of securing relief for them, were discussed. It is apparent that there will be need of close international co-operation in the gigantic task, and as a great food producing nation Canada will be in a position to contribute much toward the relief of those countries where appalling conditions of famine and disease now prevail.

* * * * *

Estimates Of Future Needs

Some interesting facts relating to the estimated requirements for relief for the occupied countries of Europe during the six months following the end of the war, are contained in a report which was submitted by the Inter-Allied Committee on Post-War Requirements to the United Nations Relief and Rehabilitation Administration conference. This Inter-Allied Committee sits in London, and the figures in its report were based on the opinions of experts from France, Holland, Greece, Belgium and the other Occupied Countries. It is estimated that Europe's minimum need for food, raw materials and other necessities during the first six month period will be 45,855,000 tons. This does not include the needs of Russia or of neutral or enemy countries. The goods to be imported will require 23,485,000 tons of shipping space, which is a little more than the total shipping space available to Great Britain and the Dominions in 1939. Shipments would be made up of 89,000 tons of drugs and medical supplies, 7,332,000 tons of food, 1,150,000 tons of coal and coke for domestic and industrial purposes, and 9,462,000 tons of base metals and materials for construction work.

* * * * *

European Death Rate Is Rising

These estimated needs for foodstuffs were based on the minimum nutrition requirement, which is 2,000 calories per day for each man, woman and child. At present the diet in these countries is far below this requirement. In Norway it is thought that the present diet may yield 1,440 calories, in many parts of France it is said to be less than that, and in Poland the general diet does not contain more than 500 to 700 calories, according to a recent report released on this subject by the International Labor Office. This same report tells of the wide prevalence of tuberculosis and other contagious diseases in occupied Europe and of rising death rates. It is apparent that many of the most complex post-war problems will be in connection with the relief and rehabilitation of Europe, and much will depend upon the way in which it is approached. The report of the Inter-Allied Committee draws attention to this fact, and concludes by pointing out that "The provision of relief and rehabilitation will be a test of the capacity of the United Nations to rebuild a more prosperous world and realize the most pressing of the four Freedoms, "Freedom from Want," in their territories."

Aviation Centre

C.P.R. Air Lines To Establish Main Repair Plant At Winnipeg

T. W. SIERS

The growing importance of Winnipeg as an air centre is further emphasized with the announcement by C. H. Dickins, Vice-President and General Manager of Canadian Pacific Air Lines at Montreal, that CPA will establish its main overhaul and repair plant for both aircraft and engines in Winnipeg.

T. W. Siers, one of the pioneers of Canadian aviation, and presently General Superintendent of Maintenance of Canadian Pacific Air Lines system at Montreal, will open new offices at Winnipeg this month. It is also planned to transfer the company's engineering division from Edmonton to Winnipeg and this work will be under the supervision of Aeronautical Engineer A. G. Clarkson.

W. H. Rolfe, now assistant to the Acting Superintendent of Maintenance on Western Lines of CPA at Edmonton, will also be located at Winnipeg as assistant to the General Superintendent of Maintenance.

This new change in the location of CPA overhaul and repair facilities will result in Winnipeg being a central point to do this work for the company's 80 airplanes now flying on routes and in many areas from Quebec to the Yukon. It will mean an increased volume of work for the local aircraft maintenance employees and will also assist in making better known the advantages of Winnipeg as one of the main centres in Canadian air operations and overhaul work.

MOOSE AND BEAR MEAT

Moose and bear meat will be on the menus of the corvette Kamloops and the Moose squadron of the R.C.A.F. overseas. Volunteers at Kamloops, B.C., will can 300 pounds of meat for the sailors and airmen.

The potato is a corruption of the Indian name "batatas."

Winter Feed For Sheep

Proper Nutrition Plays A Very Important Part In Wool Production

The war demand for still more wool brings into prominence the fact that the winter feeding of roughage to sheep constitutes a problem in the production of high quality wool. Proper nutrition plays an important part in wool production. Half-starved sheep cannot produce wool in quantity, or quality, because the increase in the amount of wool is the result of a combination of factors. The most important factor is plenty of good feed. When proper feed is lacking a short weak fibre is produced and the value of the wool is decreased by at least two cents a pound.

The proper feeding of roughage necessitates a proper manner of feeding it, which in turn demands the greatest care on the part of the shepherd to produce racks of suitable type. A desirable type of rack is one so constructed that small portions of the feeding material, such as chaff and leaves of legumes, may not lodge in the fleece of the sheep as the sheep feed at the rack. There are many types of racks, specifications for which may be obtained by applying to any Dominion Experimental Farm or Station, or Agriculture College.

To protect the fleece of the sheep, when feeding material is being carried to the racks, it should not be passed over their backs. It is better to remove the flock before the racks are to be filled. At all times care should be taken to prevent litter falling on the fleeces. For the same reason, sheep should never be allowed to feed from the side of a hay or a straw rack because such a method is ruinous to the production of high quality wool, through seeds and chaff getting into the fleece.

World Was Searched

To Make Possible Shipment Of Needed Goods To Russia

The volume of goods flowing to Russia over-land via Iran has passed £70,000,000, Sir Francis Joseph, acting chairman of the United Kingdom Commercial Corporation, said in London. He declared that "miracles of improvisation" had been performed to get the material in motion. Supplies have consisted of lead, mica, aluminum, hides and rubber, jute goods, rope cloth, thousands of tons of tea, cocoa and flour, tools, electrical equipment, boots, nails, shellac and graphite. The world was combed to find it all, he explained.

HAS BECOME FAVORITE

A high-speed machine gun—the German Spandau—which fires 1,100 rounds a minute was reported the great favorite of British and American troops in Italy. Thousands of Spandaus, enough to outfit an entire division, were captured in the African and Sicilian campaigns. Allied soldiers with front-line experience knew the fire-eater well—from its sound effects of a super-buzz saw.

Buy War Savings Stamps Regularly.

USED BY YOUR GRANDMOTHER ... JUST AS EFFECTIVE TODAY!

VENO'S COUGH SYRUP

Invaluable for COUGHS—COLDS BRONCHITIS ASTHMA WHOOPING COUGH SIMPLE SORE THROAT

Children love Veno's

DON'T DELAY—BUY A BOTTLE TODAY!

HEALTH LEAGUE OF CANADA

An Anniversary

For one year every Canadian housewife has held the key to healthful and nutritious meals for her family; for Canada's Official Food Rules are celebrating their first anniversary. In January, 1943, the Nutrition Services at Ottawa gave to Canadian householders a list of the minimum daily requirements of the foods necessary to protect health. This was one of the ways in which even the busiest housewife could do her bit for her country and her family.

Now, in January 1944, as we look back over the year, we would each say to ourselves, "Have I done my part?" Do you know the Official Food Rules so thoroughly that you can lift your eyes from this page and recite them? These are the foods that should have been included in each day's menu during the year:—

MILK—Adults, ½ pint. Children, more than 1 pint. And some cheese, as available.

FRUITS—One serving of tomatoes or citrus fruit daily; and one serving of other fruit, fresh, canned or dried.

VEGETABLES—One serving potatoes. Two servings of vegetables, preferably green or yellow, and frequently raw.

CEREALS—One serving of a whole-grain cereal. Four to six slices of Canada Approved Bread, brown or white.

MEAT, FISH—One serving a day of meat, fish, or meat substitute. Liver, heart, or kidney once a week.

EGGS—At least three or four weekly.

Eat these foods first, when available, then add other foods you wish. Some source of Vitamin D such as fish liver oils, is essential for children.

The Nutrition Division of the Health League of Canada, 111 Avenue Road, Toronto, now has, for distribution at less than cost, a colorful calendar portraying simply the foods one should eat daily for proper nutrition. Hang one on your kitchen wall to remind you, through all the days of 1944, that Canada's Food Rules are on the front line for home defence!

Japanese Trick

Broadcast Recording Of Voice Of Man Who Had Died

How a soldier's voice lived on the airways for months after he was reported dead was told at Halifax by a brother, Bert Pancoe of Winnipeg, a telegrapher in the Royal Canadian Navy.

Pte. Michael W. Pancoe was one of the Canadian soldiers who went to Hong Kong just before the garrison fell to the Japanese at Christmas time, 1941.

Last August his family had a letter from his doctor saying he had died from beri beri, and a short while later official confirmation of his death came from Ottawa. But for months afterwards people in different parts of the world heard his voice on the radio—the last time in Australia last month, his brother said.

"Hello, mum," said the voice of the dead soldier, then came a few words of greeting and his name and address.

The Japs had made a recording of his message to the people back home, and after his death continued to broadcast it for some reason, said the brother.

THROAT SORE?

For common ordinary sore throat JUST RUB ON MINARD'S "KING OF PAIN" LINIMENT 35¢

PATENTS

AN OFFER TO EVERY INVENTOR. List of inventions and full information sent free. THE RAMSAY COMPANY, Registered Patent Attorneys, 273 Bank Street, Ottawa, Canada.

Food Values

List Of The Nutritional Merit Of Different Vegetables

Graded as sources of vitamins A and C and iron and calcium, vegetables, cooked or raw according to customary usage, were arranged in the following order of merit as protective foods at the recent meeting of the Nutritional Panel of the Society of Chemical Industry, London, Eng. First came the green vegetables, broccoli tops, watercress, mustard and cress, brussels sprouts, and spinach, rich in carotene, and very rich in Vitamin C, and containing useful contributions of iron and calcium, although it was doubtful whether the calcium in the spinach was utilizable.

Next came cabbage and cauliflower which still contained substantial amounts of vitamin C but negligible quantities of carotene. In green vegetables, carotene is associated with greenness. When the heart of a cabbage is blanched, it thereby forfeits its rank in the highest class of protective vegetables.

Tomato and lettuce fell in the middle of the list. They contained more carotene but much less vitamin C.

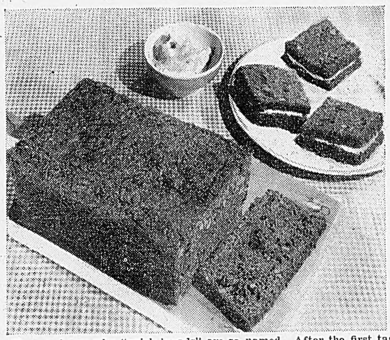
Vegetables with only one-fifth of the concentration of green were placed at the bottom of the list; namely, turnips, green peas, radish, leeks, parsnips, string beans, and onions. Asparagus, cucumber, celery, and marrow contained so little vitamins or minerals that they could not be graded at all, said the report.

AN OLD-TIMER

Jack Miner, who bands ducks and geese and other birds at his sanctuary in Kingsville, Ont., to enable study of their migrations route, has received word of a goose, banded in the fall of 1927, being shot Dec. 11 by Julian Crew, of Worton, Kenty County, Maryland. The goose had carried the band 16 years, which meant that it had made 32 trips across the continent, Mr. Miner said.

FOR COUGHS COLDS— YOU CAN'T BEAT BUCKLEY'S MIXTURE

Quickly Made, Quickly Eaten Is This All-Bran Prune Bread



Now we know why "quick breads" are so named. After the first taste, everyone comes back for more. The whole loaf vanishes, quick as a wink, if you don't watch out!

All-Bran Prune Bread is grand for sandwiches. It has a pleasantly moist texture and a grand nutty flavor. Made with prunes and All-Bran, it is rich in iron and Vitamin B.

Perhaps you've thought breads were difficult to make, why not try this recipe and see how simple it is?

ALL-BRAN PRUNE BREAD

2 cups All-Bran	1 egg
⅔ cup juice from cooked prunes	1¼ cups flour
⅔ cup buttermilk	¼ teaspoon salt
½ cup sugar	1½ teaspoons soda
1 tablespoon shortening	⅔ cup chopped cooked prunes

⅓ cup chopped nutmeats*

Soak All-Bran in juice drained from prunes and buttermilk. Cream sugar and shortening thoroughly; add egg and beat well. Add All-Bran mixture. Sift flour with salt and soda and add to first mixture with prunes and nutmeats. Stir only until flour disappears. Bake in a greased loaf pan in a moderate oven (325 degrees F.) 1 hour and 20 minutes.

Yield: 1 loaf (9½ x 5½ pan).

*Nutmeats may be omitted.

Itching Scalp

A Simple Home Treatment

If your scalp has broken out with ugly surface rashes or irritations — DON'T DIG with fingernails as that only serves to make it worse—and spreads it. Go to your druggist today—get a bottle of Moone's Emerald Oil and use this mixed with an equal quantity of olive oil. It's easy to use—all you do is apply to the scalp with your finger tips gently rubbing into the roots of the hair. Do this at least once a day and about every fourth day shampoo using a good soap. Soon you'll find this combination start right in—promoting faster healing. Continue the treatment until relieved and the loose, floating dandruff has disappeared.

Continue for 2 weeks, and if then you are dissatisfied get your money back. Druggists everywhere sell Emerald Oil.

GEMS OF THOUGHT

AFFLICTION

Extraordinary afflictions are not always the punishment of extraordinary sins, but sometimes the trial of extraordinary graces.—M. Henry.

Affliction is the wholesome soil of virtue, where patience, honor, sweet humility, and calm fortitude, take root and strongly flourish.—David Mallet.

Consider how much more you often suffer from your anger and grief, than from those very things for which you are angry and grieved.—Marcus Antonius.

Envy, rivalry, hate need no temporary indulgence that they be destroyed through suffering; they should be stifled from lack of air and freedom.—Mary Baker Eddy.

Prosperity is a great teacher; adversity is a greater. Possession pampers the mind; privation trains and strengthens it.—Hazlett.

It is the temper of the highest hearts to strive most upwards when they are most burdened.—Sir Philip Sidney.

TAKE BIG CHANCES

Air Secretary Sir Archibald Sinclair, describing hazards undertaken by medical men to safeguard fliers, told of a medical officer who threw himself from an aircraft at more than 30,000 feet in order to test emergency oxygen equipment. 2551

To Make Future Secure

If Germany Pays Reparations She Cannot Launch Armament Program

Wilhelm Morgenstierne, Norwegian ambassador to the United States, told a press conference that Germany should be forced to pay "as far as possible" for war damage, with a view to blocking her rearmament for a third world war. He explained it was not a matter of getting revenge, but the dictates of experience following the First World War. He pointed out that within a few years after Germany had ceased paying reparations, she had launched a large-scale armament program which made possible her attacks on other countries. "Our point-of-view," said the ambassador, "is to secure future generations against a third attack by the mechanized barbarians on the freedom-loving countries."—Sault Daily Star.

Relieves distress from MONTHLY FEMALE WEAKNESS

Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly pain but also weak, nervous feelings—due to monthly functional disturbances. It helps build up resistance against distress of "difficult days." Made in Canada.

WAGE WAR ON WASTE! WRAP LEFT OVER FOOD IN Para-Sani PURE HEAVY WAXED PAPER SAVES FOOD

Appleford PAPER PRODUCTS HAMILTON - TORONTO - MONTREAL

Brings you compliments on sweet, tasty bread

ALWAYS DEPENDABLE
WRAPPED AIRTIGHT
TO ENSURE POTENCY

Fabric Saving

By ANNE ADAMS

Think of it! You can cut this chic gift apron, Pattern 4599, from one yard of cotton fabric. Choose a pretty print and spark it up with bright, contrasting bias binding. Colorful percale for a kitchen version, dotted swiss for a sewing apron are good choices. Make several.

Pattern 4599 is available in sizes small (32-34), medium (36-38) and large (40-42). Small size takes 1 yard 35-inch fabric.

Send twenty cents (20c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermot Ave. E., Winnipeg, Man. "Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

In July, 1941, Winston Churchill said, "We are a seafaring race and we understand the call of the sea."

Charles Dickens was forced to go to work at an early age because his father was imprisoned for debt.

LACTIS-ORA FOR HEALTHFUL GUMS
INSURES A CLEAN MOUTH !

BLEEDING GUMS Dentists have been using Lactis - Ora for over 15 years in the treatment of sore, bleeding gums, Pyorrhea and all infected gum conditions. Tightens loose teeth and makes a healthy mouth. You can easily treat yourself.

Approved Proprietary Medicine Act.

SEND $1.00 POSTPAID RENAUD LABORATORIES CALGARY · ALBERTA

OUR COMPLETE SHORT STORY—

FIREWORKS

— By —

RUTH GILBERT COCHRAN

McClure Newspaper Syndicate

Sarah, the towering old Jamaican negress who does the farm chores on my little place in the Berkshires, is a great stickler for justice. They told me that over at the County Employment Office when I went there in May last year to see about getting a strong, reliable woman who would be willing to work for little more than her keep. But I never knew how true it was until the Fourth of July.

"You'll find her a treasure, Mrs. Taylor," Dr. Voss said. "She's as strong as an ox, and a wonderful hand with animals. But watch out for squalls if she thinks she's been treated unfairly. A contractor held back part of her pay last week, and she took down his—er—clothes and spanked him!"

I chuckled. "Sounds like a good ally for a lone woman like me."

"You'll like her. She's out shingling a barn today, but I'll send her over in the morning."

I did like Sarah from the first glimpse I had of her swinging powerfully along, balancing a great bundle on her head, and fresh as a daisy after her six-mile walk. She might have been anywhere from fifty to seventy, but she was as tough and gnarled as an old hickory root.

"You say you have a separate cabin for me?" she asked. She could scarcely read or write but she spoke the most precise English with a beautiful Cambridge accent.

"Over in the orchard," I said. "It'll need some fixing."

Sarah drew a deep breath. "I'll stay," she said. "And don't worry about the cabin. I'm a good carpenter. You need one, too, madam. I see several places that require repairs."

Cool of her, but I wasn't sorry. Sarah was a real treasure. She cut firewood; planted a wonderful garden; had Buttercup, my rather skittish Jersey cow, following her around like a dog in no time, and even took a terrible tongue-lashing from Professor Saunders, a pernickety old fussbudget who has a summer place next to mine, without a sign of rancor.

"The gentleman was quite within his rights," she said. "Buttercup ate his pansies." But I noticed that she swung her wicked looking machete, the yard-long Jamaican knife she used in place of an axe, with extra vigor—and I prayed that the professor would continue to stay within his rights.

Things went on smoothly through June. I rented my other cabin to a Mrs. Jones, a quiet little widow whose eight-year-old son was recuperating from a siege of pneumonia. Eric took a great fancy to Sarah, and she adored him. You'd see them at all hours of the day, Eric trotting to keep up with Sarah's long strides, and growing rosier and stronger by the hour.

Then came the Fourth. Eric, equipped with a precious half-dollar's worth of firecrackers, had made Sarah promise to wake him at the crack of dawn so that he could set them off. I guess most of us remember that thrill of stealing out while the sky's still gray to start celebrating the day in proper style. I know that I, for one, didn't begrudge the kid his fun, but I got up early, too, thinking a cup of coffee would be welcome to Mrs. Jones after dressing the little fellow. From the kitchen window I saw Eric dart off, laughing, to the little brook that divided my property from the Saunders place (we'd all agreed that would be the safest); heard a few tremendous bangs, and then all was silence. I went on getting breakfast ready, but finally, puzzled at the continued quiet, looked out again. I saw Sarah swinging down from her cabin, machete in hand, and knew that we were in for trouble.

Eric, leaning against the railing of the bridge, was crying fit to break his heart, but Sarah didn't stop to comfort him. She strode right over to the Saunders' house where the professor, barefoot and in pajamas, was just entering the front door. Sarah reached him before he could close it, grabbed him by the jacket collar, and swished her weapon so close to his right ear that he must have heard it whistle.

"I believe in justice!" she shouted. "It was an act of tyranny to throw that child's firecrackers into the brook simply because he disturbed your sleep! You shall make restitution!"

Mrs. Saunders stumbled out on to the porch, shrieking.

"Throw me my wallet," Saunders yelled at her. "This crazy woman'll kill me if you don't!"

His wife flew indoors and came back with a well stuffed bill-fold. She threw it out on to the lawn.

"Pick it up!" commanded Sarah, whirling the long knife back of the professor's neck. He picked up the wallet, all right.

"Now march yourself over to Mrs. Jones' cottage," Sarah ordered. "I'll follow you."

Saunders broke into a run, Sarah right after him, chipping at his bare heels with the machete. Mrs. Jones had heard the commotion and had run over to my house. We stood there on the porch steps, our arms around each other, and Eric dashed over and hid behind us as Saunders and Sarah came into the yard.

The professor tossed Mrs. Jones the wallet. "Take out whatever the firecrackers are worth," he pleaded. "And for heaven's sake, Mrs. Taylor, call off this fiend!"

"Sarah!" I said, "go back to your work."

Sarah straightened up, patting the long knife affectionately. "With pleasure, madam," she said, "now that justice has been done." And off she stalked to hoe tomatoes unconcernedly, while Professor Saunders crossed the brook in nothing flat.

My own morale was a bit shaken. "There's fresh coffee in the kitchen, Mrs. Jones," I said weakly. "Would you mind bringing me a cup . . . out here?"

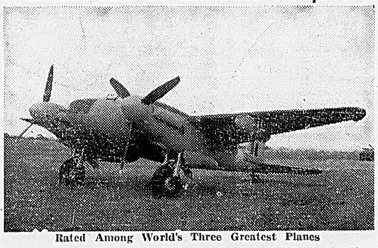
Material For Cloting

Process Devised In Denmark Which Makes Cow's Hair Suitable

Cow's hair is being used in the manufacture of clothing in Denmark, according to Copenhagen reports received by grapevine in the United States. A process has been devised by which the hair is prepared for spinning. Denmark is also making clothes out of paper. Flax is cultivated on 17,300 acres, the largest plantings in the last 100 years, and is providing the sewing yarn for the shoe industry, as well as for other purposes.

Louis XIV spent more than $40,000,000 on the royal gardens at Versailles.

Canada-Built de Havilland Mosquito



Rated Among World's Three Greatest Planes

Peter B. Masefield, British airplane technical expert recently rated the de Havilland Mosquito, the North American Mustang, and the Consolidated Liberator as "the three most outstanding aircraft in the world today."

Writing in the aviation magazine "Flying", Mr. Masefield, personal adviser on civil aviation to Lord Beaverbrook, placed the Mosquito "among the galaxy of fine aircraft, combining speed with a shattering weight of fire in its fighter form, and range and bomb load in its bomber version."

In its own category, the Mosquito was awarded the unusually high ratings of 93.2 per cent. as a day and night reconnaissance bomber, 91.6 per cent. as a bomber, and 95.2 per cent. as a night intruder-fighter.

In his article, Mr. Masefield explained the method of choosing the different top planes and remarked that "no enemy types qualify."

The Mosquito is built on this continent by de Havilland Aircraft of Canada, Limited, in a plant situated outside the city of Toronto.

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IT'S BETTER IT'S BUCKLEY'S THAT'S WHY

Health LEAGUE of CANADA presents TOPICS of VITAL INTEREST

FIGHTING T.B. IN INDUSTRY

"Findings indicate that in industrial groups not previously surveyed, one may expect to find 264 persons in every 100,000 who require treatment for pulmonary tuberculosis," says Dr. A. R. Riddell of the Industrial Division of the Ontario Department of Health, in a recent article in Health magazine. "The majority of these should be in sanatoria. In addition there are some 346 in every 100,000 concerning whom there is some doubt," Dr. Riddell continues.

Knowing as he does the expense entailed in the use of standard X-ray films in the handling of large groups, Dr. Riddell recommends the photofluorographic miniature films. These have proved most satisfactory and are, for all practical purposes, miniature X-ray photographs, "They are readily examined," says Dr. Riddell, "and can easily be stored in small space to be kept for record purposes." Small films are examined through the use of a suitable magnifying instrument, or, upon being enlarged, may be projected on a screen such as is used for lantern slides.

Since this miniature film was pioneered in 1924 by Dr. Abreu of Brazil, it has been adopted in Canada, the United States, Great Britain, Australia, and Germany. In both Great Britain and the United States it is used in examining the personnel of navies. Australia uses it in the examination of recruits for the fighting forces, and Canada, in mass chest radiography of the R.C.-A.F. personnel.

Many industrial workers are being examined in Ontario. In all cases this is just a preliminary screening. Those found to require medical advice are so advised by the plant doctor.

Dr. Riddell urges that a matter so important . . . and likely to increase in gravity due to the war . . . should be given attention now.

JUST THE SURFACE

Two Negro soldiers were on a transport going overseas. Standing on the deck they gazed out across the vast expanse of water.

First Negro — That's the mos' water I've eber seen in all my whole life. Did you eber see so much water?

Second Negro—Yo' ain't seen nothin' yet. That's just the top ob it.

The British national exchequer has received more than £57,000,000 in loans free of interest.

"I said good-bye to Constipation!"

"I've given up pills and harsh cathartics. I found my constipation was due to lack of "bulk" in my diet—and I discovered that KELLOGG'S ALL-BRAN is a perfectly grand way to get at the cause, and help correct it!"

If this is your trouble, stop "dosing" with harsh purgatives—with their lack of lasting relief! Try eating a serving of ALL-BRAN daily, with milk, or sprinkled over other cereals. Or, eat several ALL-BRAN muffins daily! Drink plenty of water.

Get KELLOGG'S ALL-BRAN at your grocer's today—in either of 2 convenient sizes. Made by Kellogg's in London, Canada.

Mutual Understanding

Welding The English Speaking Nations Together By Confidence

Uncounted millions of words have been written and spoken with the object of welding the English-speaking nations by friendship and understanding into a degree of harmony that can stand the disturbing factors of peace as it does those of war.

Words in such a cause are fine, but we think that far more effective is such a little story as came from the Mediterranean the other day.

A ship carrying United States soldiers, said a Cairo despatch, was attacked twice by enemy aircraft, apparently was in grave peril. But fighters of the Royal Air Force each time came to the rescue, drove off the Germans and saved the troopship. The soldiers, moved by their escape, chipped in $4,000 as an expression of their gratitude, the money to go to the dependents of any R.A.F. casualties resulting from the two actions.

Some time ago there was a story of United States soldiers at a camp in Britain collecting a large sum of money among themselves to assure hospital treatment for a little crippled English boy they had come to know in the neighborhood.

Incidents such as these are far more powerful than the most eloquent words to bring these countries into the relationship of trust, confidence and mutual respect which all of us so much want to see. In so intangible a sphere deeds do literally speak louder than words.—Ottawa Journal.

SMILE AWHILE

Oldtimer: "Is your married life one grand sweet song?"

Newly Wed: "Well, since our baby's been born it's more like an opera, full of grand marches, with loud calls for the author every night."

* * * *

Barber—"Wet or dry, sir?"

Customer—"Just comb my hair and don't mind about my politics."

* * * *

She: "I shall love to share all your troubles."

He: "But, darling, I have no troubles."

She: "Silly, I mean when we are married."

* * * *

"My wife has the worst memory I ever heard of."

"Forgets everything?"

"No; remembers everything!"

* * * *

Darling, you are the seventh wonder of the world."

"Well listen, soldier, don't ever let me catch you out with the other six."

* * * *

Harold: "Where are all those old mugs I used to see in your shop?"

Barber: "They have taken to shaving themselves, sir."

* * * *

Pop: "My goodness, you ask a lot of questions! I'd like to know what would have happened if I'd asked as many questions when I was a boy."

Son: "Maybe you'd have been able to answer some of mine."

* * * *

"I'm having a hard time meeting expenses these days. How about you?"

"Not at all. I meet 'em at every turn."

* * * *

Nit: Throw that piece of bread away. Why are you holding it in the street?

Wit: I'm just waiting for the traffic jam.

* * * *

Mistress: "Just what can be the matter with my husband this morning? He whistled and sang as he went off to work.

Maid: Oh dear! It's my fault. I cooked the canary seed instead of the breakfast cereal this morning.

* * * *

Sgt.: So, you're complaining of finding sand in your soup?

Pte.: Yes, sir.

Sgt.: Did you join the army to serve your country or complain about the food?

Pte.: I joined the army to serve my country, sir, but not to eat it.

ALBERTA LIVESTOCK

An all time record of $12,861,542.04 worth of livestock was sold through the Alberta stockyards at Calgary during 1943. A total of 425,947 head of cattle, calves, hogs and sheep poured into the market compared with the 1942 record of 385,000 head.

Dutch church bells, confiscated by the Germans, have been replaced by two pieces of railroad steel, which, when struck, can be heard for a mile.

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$1.00 SENDS 300
"BRITISH CONSOLS", "LEGION", "MACDONALD'S MENTHOL", "SCOTCH BLENDS" or "EXPORT" Cigarettes
or 1 lb. Tobacco — BRIER SMOKING or any MACDONALD'S FINE CUTS (with papers) also DAILY MAIL CIGARETTE TOBACCO Postpaid to Soldiers in the Canadian Army OVERSEAS and CANADIANS IN UNITED KINGDOM FORCES.
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A Good Explanation

Woman Had Her Reason For Taking Goat On Bus

We all try to make allowances in wartime. On our local bus routes (writes "J.S.R.") conductresses and passengers alike stretch a point to such an extent that, even on a wet day, a large old English sheepdog has been tolerated. The limit was reached the other day, however, when, at the foot of the mile-long hill ascending out of our village, a lady climbed into the bus accompanied by a goat. The conductress hesitated, but thought perhaps, as things were so difficult and there was a war on—well, if nobody on board objected . . . ? The bus climbed the hill and at the top the lady and the goat prepared to get out. As she passed the conductress the lady blithely observed that she had brought the goat out for a little much-needed exercise and had thought that Nanny would find it easier to walk downhill all the way. —Manchester Guardian.

If Back Aches Help Kidneys

Do you feel older than you are or suffer from Getting Up Nights, Backache, Nervousness, Leg Pains, Rheumatic Pains, Burning, scanty or frequent passages? If so, remember that your Kidneys are vital to your health and that these symptoms may be due to Kidney and Bladder troubles—in such cases Cystex usually gives prompt and joyous relief by helping the Kidneys clean out poisonous excess acids and wastes. You have everything to gain and nothing to lose in trying Cystex. The iron clad money-back agreement assures a refund of your money on return of empty package unless fully satisfied. Don't delay. Get Cystex (Siss-tex) from your druggist today.

Cystex Helps Clean Kidneys

Good Homemakers

Illinois Schoolboys Prove They Are As Efficient As Girls

Eight boys who are full-fledged members of the domestic science class of an Illinois school have convinced school officials that boys as well as girls can learn to become good homemakers. The boys are learning how to cook, care for babies, make beds and otherwise manage a household. Three times a week they roll up their sleeves, don aprons and work alongside girls in the class. Superintendent Hubert Pearce said the boys are "not sissies; they are in earnest, and they have proved that such youngsters can learn to be good homemakers."

Looks Like A Snub

Turkey Abandons Government Run By Germans In Northern Italy

Turkey decided to abandon the new Mussolini "Government", and recall her Ambassador and his entire staff from Rome and accredit them to the Badoglio Government in Southern Italy.

This is a quiet snub for Germany, which is running the so-called Northern Italian Government. It is unlikely that another envoy will be sent to Rome. Ankara has decided that any Italian Government supported by the Allies shall be the only one to be recognized.—London Daily Sketch.

BOILS

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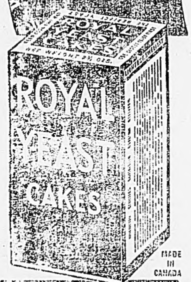

FULL STRENGTH
DEPENDABLE
IN THE AIRTIGHT
WRAPPER

SEEDTIME and HARVEST

By
Dr. K. W. Neatby
Director, Agricultural Department
North-West Line Elevators Association

Production Objectives— Or Expectations?

For two years, Dominion and Provincial Government officials have announced definite production objectives in plenty of time for farmers to plan their own programmes. The 1944 objectives, made public over a month ago, have had time to 'soak in.' Will they be met?

In looking over the published figures, I, for one, find it difficult to distinguish between hopes and expectations. The Dominion-Provincial Conference favoured no increase in wheat acreage; but in view of the relation between the price of wheat and other farm produce, and the discontinuance of wheat acreage reduction payments, a considerable increase is probable.

The figures published for oil seed crops are puzzling when considered in the light of Mr. Gardiner's statement, as quoted in the "Farm News Press Clip Sheet, No. 424," which reads in part, "Of special products, such as oil producing plants (crops) . . . it is hoped that some improvement in quantity will be accomplished." But the 1944 "objective" for oil seed crops is given, on the same page, as 2,005,700 acres—only 66% of the 1943 acreage! For what it is worth, we offer the opinion that the objective will win and the Minister's hope will lose, unless the price for flaxseed is fixed at a very attractive level.

The farmer will be governed very largely by what will pay and by what the United Nations need. He has, to some extent, sacrificed the former for the latter; but can only go so far. We mustn't expect to get flax without paying what it costs

A Church of England Servic will be held at the School next Sunday at 7:30

. . .

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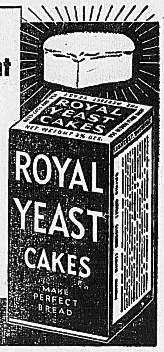

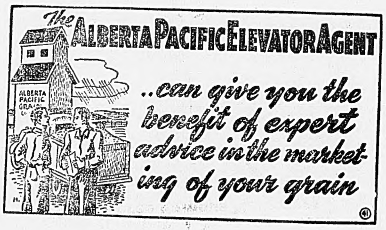

What did you do today . . . for freedom

Today at the front, he died . . .
Today, what did you do?
Next time you see a list of dead and wounded, ask yourself:
"What have I done today for freedom?"

Buy More War Saviugs Stamps and Certificates!

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[] New World (Illustrated)	2.00
[] Free Press Prairie Farmer	2.00
[] Western Producer	2.00
[] The Country Guide (2 years)	2.00
[] Canada Poultryman	2.00
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[] Outdoors	2.60
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[] American Girl	2.50
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[] Christian Herald	3.00
[] Popular Mechanics	3.60
[] Popular Science	3.40
[] Etude (Music)	3.50
[] Science Digest	3.60
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[] Better Cooking & Homemaking	4.00
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[] New World (Illust'd) 1 yr.	[] American Fruit Grower 1 yr.

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[] Christian Herald 9 mos.	[] Family Herald & Weekly Star 1 yr.
[] American Girl 1 yr.	[] New World (Illust'd) 1 yr.
[] Sports Afield 1 yr.	[] Free Press Prairie Farmer 1 yr.
[] Parent's Magazine 9 mos.	[] Western Producer 1 yr.
[] Outdoors 1 yr.	[] The Country Guide 2 yrs.
[] Open Road for Boys, 1 yr.	[] Canada Poultryman 1 yr.
[] Flower Grower 1 yr.	[] Canadian Silver Fox & Fur 1 yr.
	[] American Fruit Grower 1 yr.

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